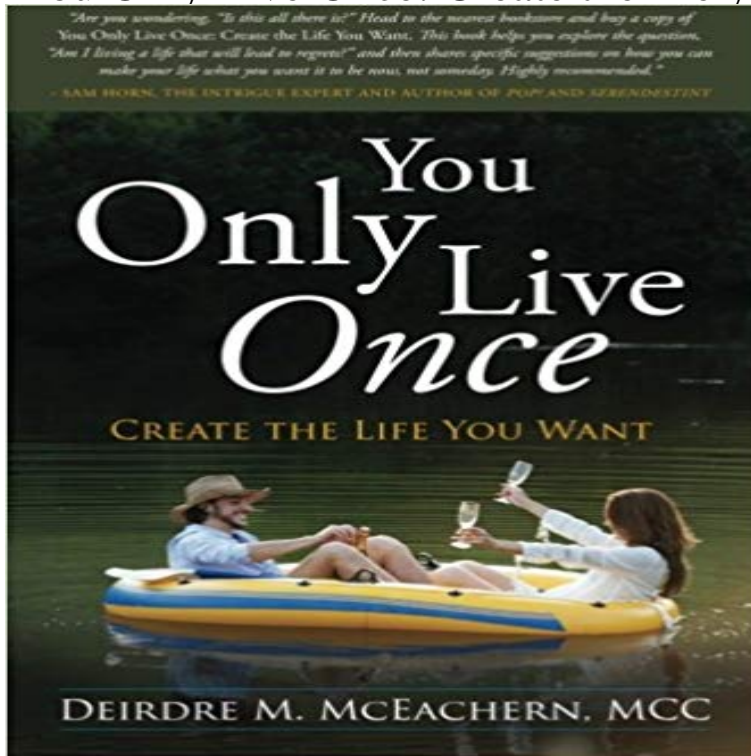


## You Only Live Once: Create the life you want



Where is your life taking you? If you are ready for something better-the choice is yours. Today. Our modern life is filled with multi-tasking, competing demands, obligations and stress. As you envision your future, do you want something more? Enjoying your life is not out of reach or impossible; it is just the opposite. You deserve every opportunity to create a happy and fulfilled life. When you read *You Only Live Once* by award-winning coach Deirdre M. McEachern, you will learn how to resist the confining pressures that society puts on you and create space for happiness. This book is more than a passive read, is a deep and profound exploration of your life's potential. By following Deirdre's proven transformational process you will be able to: Enjoy your life more-each and every day Access and trust your inner guidance to become more confident Identify what you really want and then design your life so that you can have it. What Readers Are Saying About *You Only Live Once: Create the life you love* *You Only Live Once: Create the Life You Want* strikes at the heart of how to live an authentic life, step by precious step. Don't just read it- live it!~David Fox, M.D. Author of *Comfort, Healing, and Joy: Secrets to Living a Magnificent Life* A solid road map to helping us create a life based on what is meaningful, fulfilling and important for each of us~ Claudette Rowley, author of *Embrace Your Brilliance: How to Align Yourself with Your Unique Potential* About the Author Deirdre M. McEachern is a former corporate executive turned award-winning life coach, author and motivational speaker who has helped thousands of individuals around the globe connect their desires to reality and create exciting new lives for themselves.

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