

The Art of Instant Happiness



Whether we want more money or great relationships, to be slim or have a better job; we actually want one thing: to be happy. We often associate success with money, fame, work, family and well being. The harsh truth is that happiness does not exist out there. You will never find it by searching the entire planet. Yet, we all know it exists since we have all experienced it at one point in our life. The reality is that happiness exists inside you and only inside you; nowhere else. This easy to read guide will give you tips on how to create a happy life for you and the ones around you, simply, every day. Learn to enjoy life and improve your relationships. Slavica Bogdanov is a professional speaker and a successful author.

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