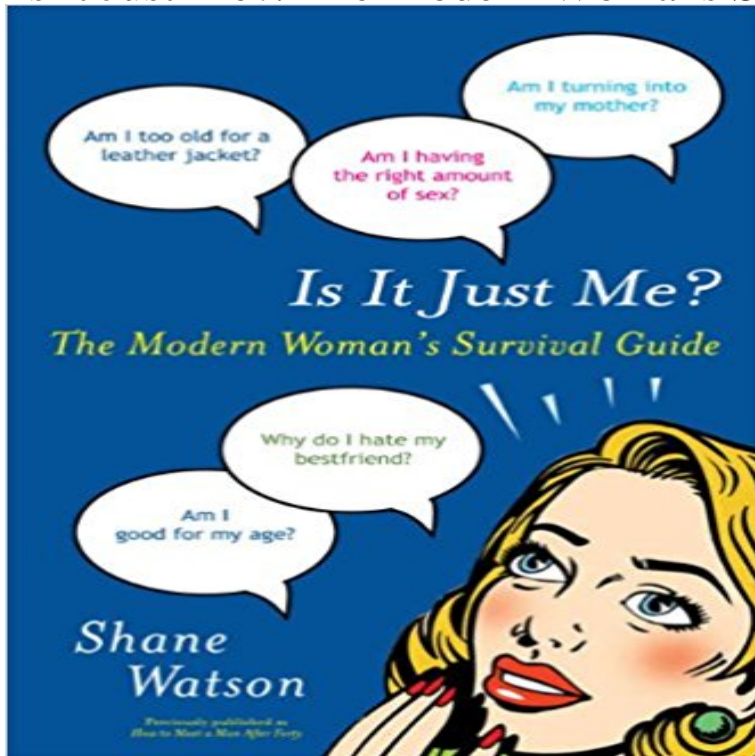


## Is It Just Me?: The Modern Womans Survival Guide



A refreshingly cheeky guide to middle-aging with grace The age of forty-and-fated-for-spinsterhood is gone. Just ask journalist Shane Watson, who met and married Mr. Right in her mid- forties. Shane assures us that it is never too late to find love, rekindle your sex life-or do neither and just be fabulous. In her witty and brilliantly irreverent guide, she offers advice on handling all things female-and a much-needed dose of humor for all the forty-plus Bridget Joneses pondering the big questions like: ?Am I having enough sex? ?Should I wax my moustache? ?Is it just me, or is life getting much, much weirder? Written in a conversational tone laced with frank and funny insights, Is It Just Me? is a delightfully acerbic guide to aging with style and individuality.

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