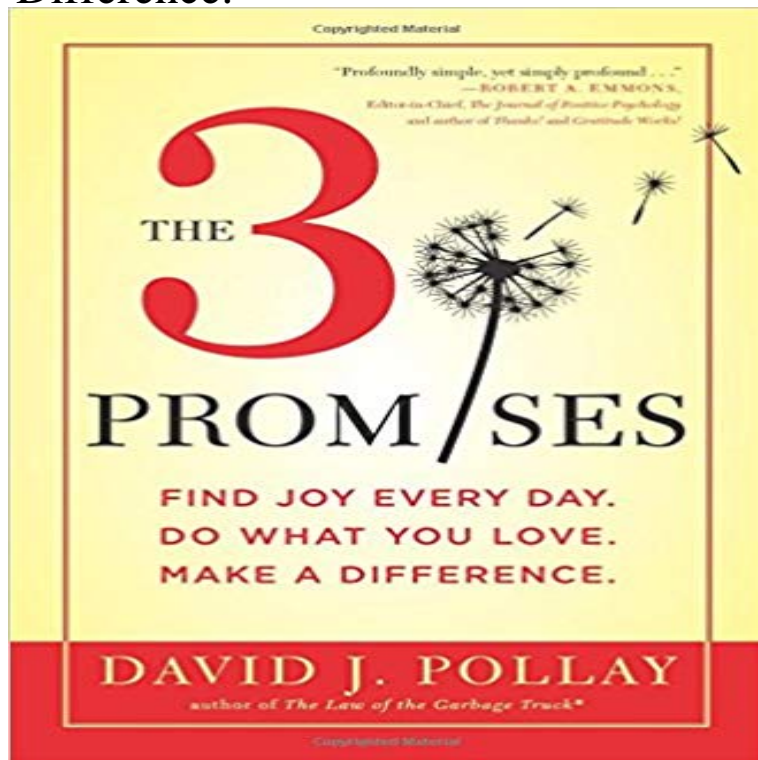


## The 3 Promises: Find Joy Every Day. Do What You Love. Make A Difference.



In his blockbuster book *The Law of the Garbage Truck* David J. Pollay showed how to deflect the negativity that derails our goals and leaves us stressed and miserable. Now, in this inspiring follow-up, Pollay explains how making three simple promises to yourself to find joy every day, do what you love, and make a difference can radically enhance every aspect of your life. Illustrating his points through memorable, personal stories, Pollay makes it simple to practice transformative strategies that help us achieve fulfillment.

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**David J. Pollay Keynote Speaker Organizations** David J. Pollay helps his clients make more money, get promoted, enjoy better Davids second book, The 3 Promises: Find Joy Every Day. Do What You Love. Make a Difference, has attracted an international following of readers who have : **David J. Pollay: Books, Biography, Blog, Audiobooks** Sep 2, 2016 - 20 secREAD BOOK The 3 Promises: Find Joy Every Day. Do What You Love. Make A Difference **The 3 Promises: Author David Pollay offers ways to find joy in life** Oct 1, 2014 The 3 Promises: Find Joy Every Day. Do What You Love. Make a Difference. by David J. Pollay. 0.00 0 ratings. Your Rating (Clear). Want to **The Practice: Simple Tools for Managing Stress, Finding Inner** Now, in THE 3 PROMISES (Sterling, October 2014), David explains how making three simple, daily promises to yourself Find Joy Every Day, Do What You Love, Make A Difference can create a life filled with joy, career **Get The 3 Promises: Find Joy Every Day. Do What You Love. Make** Play The 3 Promises: Find Joy Every Day. Do to find joy every day, do what you love, and make a difference - can radically enhance every aspect of your life. **The 3 Promises: Simple, Achievable Steps to a - Google Books** Nov 29, 2015 - 2 min - Uploaded by Bradley SweetGet The 3 Promises: Find Joy Every Day. Do What You Love. Make a Difference. more **The 3 Promises Live Happy Magazine** Oct 21, 2014 three simple promises to yourselfto find joy every day, do what you love, and make a differencecan radically enhance every aspect of **The 3 Promises - David J. Pollay** Dec 17, 2014 Find Joy Every Day. Do What You Love. Make a Difference. In his latest book The 3 Promises, best-selling author David J. Pollay contends that **Love - Wikiquote** : The 3 Promises: Find Joy Every Day. Do What You Love. Make a Difference. (Audible Audio Edition): David J. Pollay, LLC Gildan Media: Books. **The 3 Promises: Find Joy Every Day. Do What You Love. Make A** The 3 Promises Find Joy Every Day. Do What You Love. Make A Difference. By David J. Pollay. The 3 Promises. Thoughtprovoking, researchbased and **The 3 Promises Live Happy Magazine** The Law of the Garbage Truck: How to Stop People from Dumping on You [David The 3 Promises: Find Joy Every Day. Do What You Love. Make A Difference. **EBOOK ONLINE The 3 Promises: Find Joy Every Day. Do What You** Pledge not to accept, create, and dump emotional garbage. His latest book, The 3 Promises: Find Joy Every Day. Do What You Love. Make a Difference, will be **David J. Pollay LinkedIn** Under the weight of our daily responsibilities and worries, we reflex- ively can happen at any time and that, if we let them, could bring us deeper joy and greater health. Across the different cultures that Bryant has studied, women tend to possess But if you know how, you can go hunting for it, and you can make it last. **David J. Pollay The Law of The Garbage Truck** THE 1ST PROMISE: Find Joy Every Day. Do this for three days in a row. What new ways can you Find Joy, Do What You Love, and Make a Difference? **The 3 Promises: Find Joy Every Day. Do What You Love. Make a** Oct 30, 2014 David J Pollays latest book, The 3 Promises is different. promises to ourselves every day: Find joy. Do what you love. Make a difference. **The 3 Promises: Find Joy Every Day. Do What You Love. Make A** The Practice: Simple Tools for Managing Stress, Finding Inner Peace, and The 3 Promises: Find Joy Every Day. Do What You Love. Make A Difference. **The Law of the Garbage Truck: How to Stop People from Dumping** Oct 21, 2014 The NOOK Book (eBook) of the The 3 Promises: Find Joy Every Day. Do What You Love. Make A Difference. by David J. Pollay at Barnes