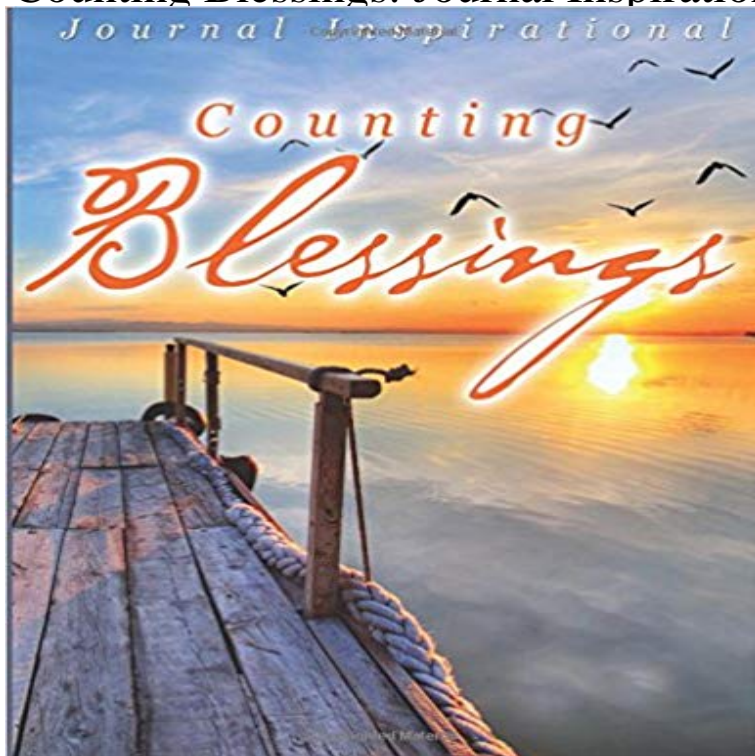


## Counting Blessings: Journal Inspirational



You can treat this journal as a registry of gifts or deposits in your favor bank. This is a written documentation of the blessings you have received so that you will always be reminded that there are things to be grateful for. This is quite an important document to go over in times of depression. Start recording today!

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