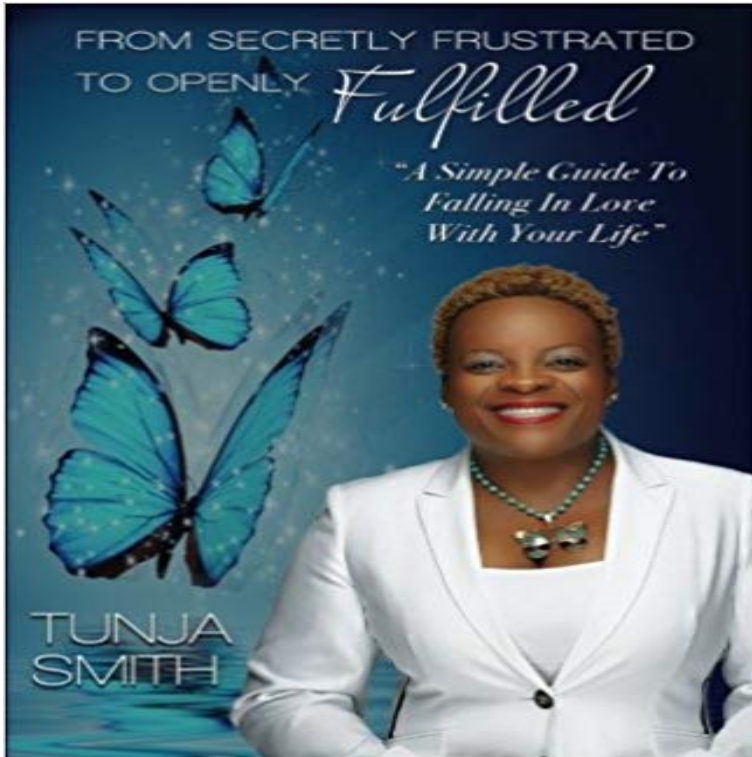


From Secretly Frustrated to Openly Fulfilled: A Simple Guide to Falling in Love with Your Life



As you read this book, you will discover that Tunja is no stranger to masking overwhelm. For years she suffered in silence trying to embrace a life she no longer enjoyed. The people, places, and activities that use to add value to her life and once made her happy were now at the root of her discomfort. She knew that there was more to her life than she was experiencing at the time. However, she was too afraid to be completely honest with herself and those around her. In her new book *From Secretly Frustrated to Openly Fulfilled: A Simple Guide to Falling in Love with Your Life*, Tunja takes you step by step on a 28-day journey of her personal life, sharing how she went from being secretly frustrated with her life to openly living a life that she is absolutely crazy about! The intention is that as you witness the passion and adventure unfold in Tunja's life that you will simultaneously become reunited with your own passion, develop a new thirst for adventure, and walk away from this experience living, laughing, and loving intentionally.

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