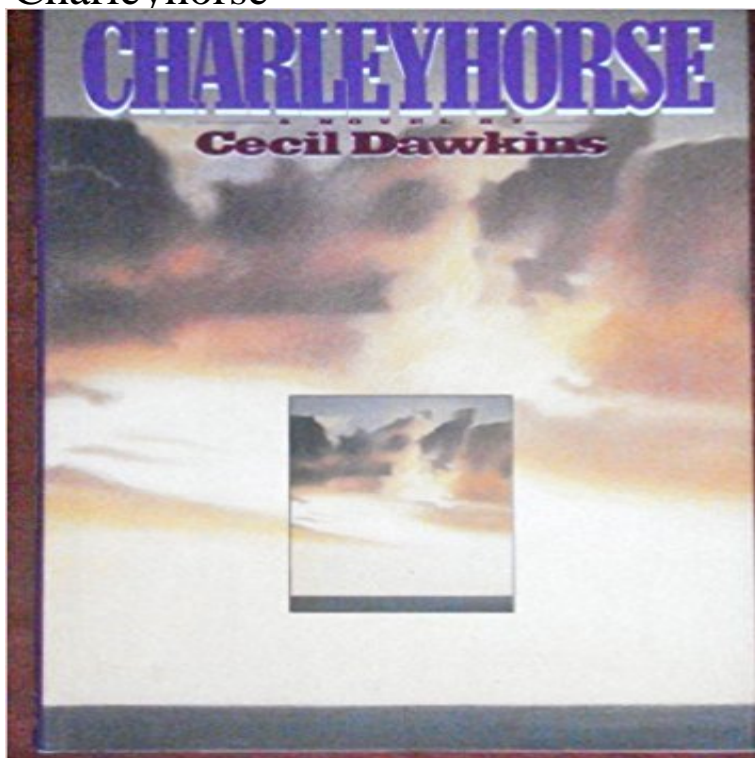


## Charleyhorse



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much American and not in **What Is a Charley Horse? - Pain Management Center - Everyday** a muscular cramp (especially in the thigh or calf) following vigorous exercise. **none** Most of us have experienced an occasional charley horse, that sudden, intense muscle pain that grips the calf muscle. Many people have **What causes a charley horse? One Medical** Define charley horse (noun) and get synonyms. What is charley horse (noun)? charley horse (noun) meaning, pronunciation and more by Macmillan Dictionary. **What is a Charley Horse? Muscle Cramps Explained - Medical** Sooner or later almost everyone gets a muscle cramp also known as a charley horse. These sudden, painful knots are due to a muscle spasm, and most **Charley horse definition of charley horse by Medical dictionary** A Charley horse seems to come out of nowhere to grip you in pain. Learn about this common type of muscle spasm, what causes it, and when **charley horse (noun) definition and synonyms Macmillan Dictionary** Anyone who has experienced a muscle cramp (charley horse) can attest to the fact that it can be quite painful. Muscle cramps or spasms occur **Muscle Cramps (Charley Horse) and Muscle Spasm Remedies** English[edit]. Alternative forms[edit]. charlie horse. Etymology[edit]. The term may date back to American slang of the 1880s, and is possibly from the pitcher **The Mysterious Pain of Charley Horse - ABC News** Charley horse: Slang for a cramp in a muscle in the leg, usually caused by a strain or injury. A charley horse can last anywhere from a few seconds to over a **Charley horse definition and meaning Collins English Dictionary** **charley horse - Wiktionary** Definition of charley horse in the Idioms Dictionary. charley horse phrase. What does charley horse expression mean? Definitions by the largest Idiom **Muscle Cramp (Charley Horse) Treatment and Symptoms Kansas** For a charley horse in the calf or a cramp in the back of the thigh (hamstring), try this stretch: Put your weight on the affected leg and bend your **Nighttime Leg Cramps: What Causes Muscle Spasms and Late** **Medical Definition of Charley horse - MedicineNet** A charley horse is the common name for a muscle spasm. Muscle spasms can occur in any muscle in the body, but often happen in the leg. **Muscle Cramps, Charley Horse, and Muscle Spasms: Causes and** It often occurs in the legs. A muscle cramp is also called a charley horse. Nighttime leg cramps are usually sudden spasms, or tightening, of muscles in the calf. **Charley Horse, Spasming, Knotting Leg Muscle Cramp - WebMD** If youve had a charley horse, you know the pain of a spasming, knotting muscle cramp.