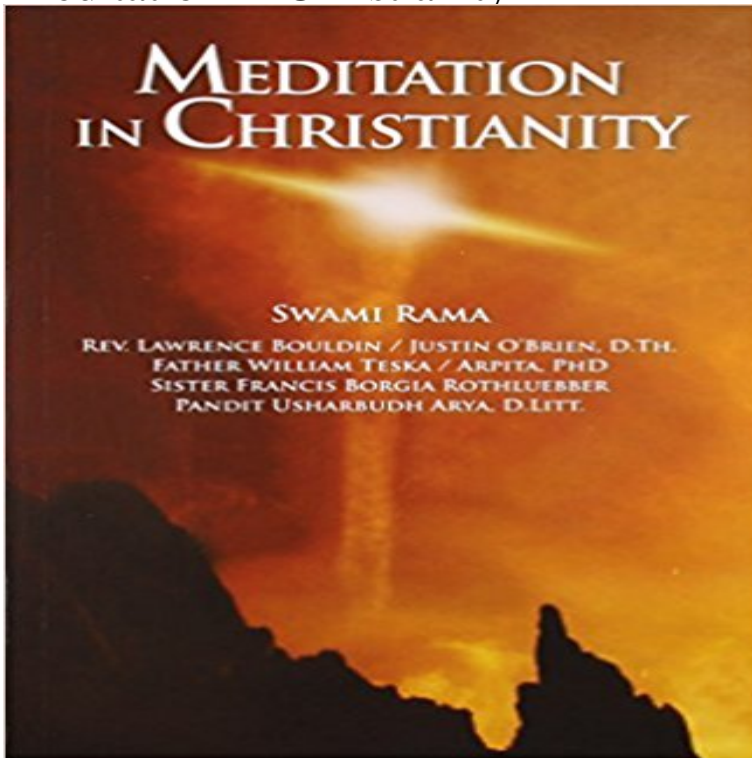


Meditation in Christianity



Seven insightful perspectives on meditation in christianity are offered in this collection of essays written by both easterners and westerners. Discover little-known information on major issues in christian meditation such as christ s teachings on it, the role of meditation in christian monasticism, and the concept of prayer in christian meditation. Those who wish to practice meditation and maintain an active christian affiliation will find ample reassurance that the two traditions are compatible and complementary.

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