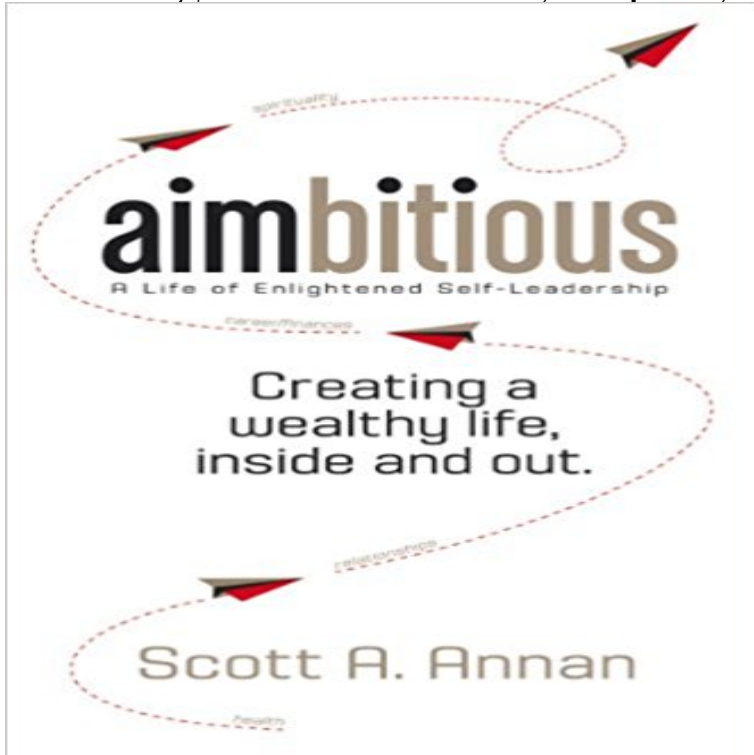


AIMbitious: A Life of Enlightened Self-Leadership: A New Philosophy on Living a Life of Passion, Purpose, and Ultimate Fulfillment



Aimbitious: A Life of Enlightened Self-Leadership offers both practical and inspirational guidance on how to live a life of passion, action, and purpose while focusing on how the quality of our decisions directly influences the quality of our lives. Scott Annan, founder of Aimbitious.com, a goal-setting social network and active community service volunteer, relies on his personal experience as well as the experiences of others to share crucial skills and techniques that will allow others to turn everyday situations into advantageous moments, ultimately providing the strength and wisdom to become leaders of their own lives. Through the included exercises, quotations, and insights, Annan teaches others how to identify values, create congruent goals, and develop an action plan that focuses specifically on ways to: Use the mind-body connection to make decisions Understand the power of goals Implement a ritual of health Create a life of positive emotion Annans motivational step-by-step guidebook will teach others how to recreate an identity in order to become empowered to act from the forces within to make the kind of decisions that turn dreams into reality and create a fulfilled life predicated upon self-leadership.

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